Scoring Instructions for the IDS-C<sub>30</sub>/IDS-SR<sub>30</sub> and QIDS-C<sub>16</sub>/QIDS-SR<sub>16</sub>

**IDS-C<sub>30</sub>/IDS-SR<sub>30</sub>**

1. Score 28 of the 30 items.  
   Score either item 11 or item 12, *not both*.  
   Score either item 13 or item 14, *not both*.  
   If both 11 and 12 (or 13 and 14) are completed by accident, score the highest of the two items.

2. Sum the item scores for a total score. Total score range 0-84.

**QIDS-C<sub>16</sub>/QIDS-SR<sub>16</sub>**

1. Enter the highest score on any 1 of the 4 sleep items (1-4)  
2. Enter score on item 5  
3. Enter the highest score on any 1 of the appetite/weight items (6-9)  
4. Enter score on item 10  
5. Enter score on item 11  
6. Enter score on item 12  
7. Enter score on item 13  
8. Enter score on item 14  
9. Enter the highest score on either of the 2 psychomotor items (15 and 16)  
10. Sum the item scores for a total score. Total score range 0-27.